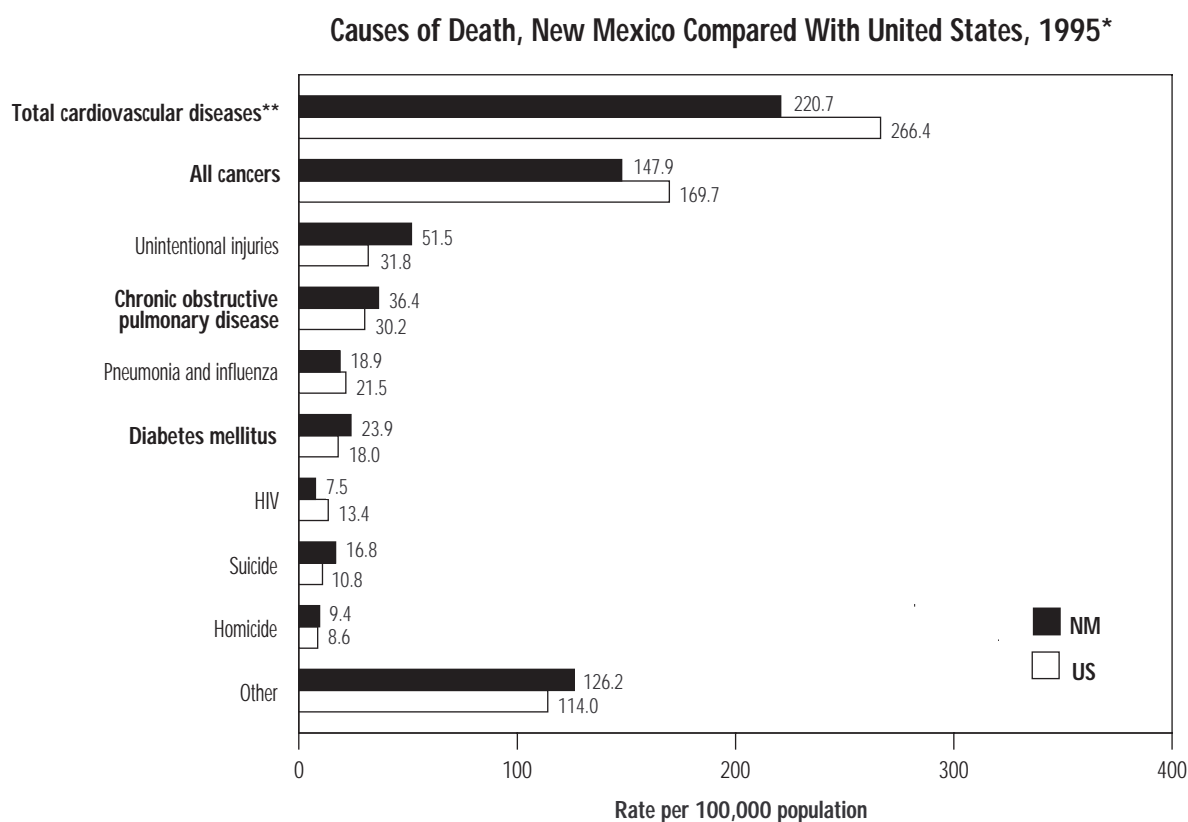


New Mexico: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in New Mexico, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is fifth.
- In 1995, 65% of all deaths in New Mexico were due to the four most common chronic disease causes of death.
- The death rates for chronic obstructive pulmonary disease and diabetes were higher in New Mexico than in the United States; the death rates for total cardiovascular diseases and all cancers were lower.



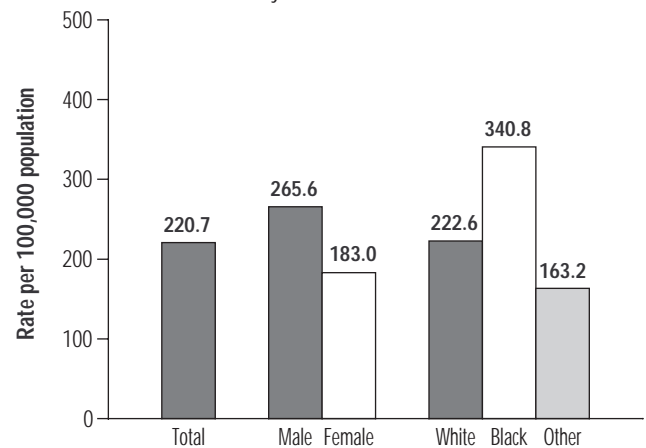
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (82.0 per 100,000 in New Mexico and 135.2 per 100,000 in the United States) and rates of death due to stroke (35.5 per 100,000 in New Mexico and 42.5 per 100,000 in the United States).

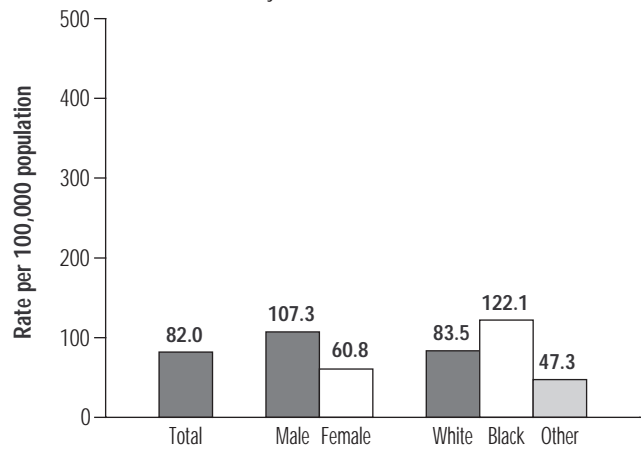
New Mexico: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in New Mexico, accounting for 34% of all deaths.
- Ischemic heart disease accounted for 37% of all cardiovascular disease deaths in New Mexico in 1995; 1,612 people in New Mexico died of ischemic heart disease.
- In 1995, 719 people in New Mexico died of stroke.

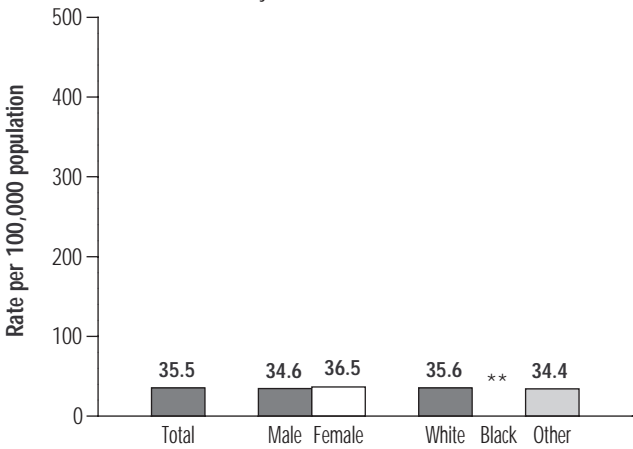
New Mexico: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



New Mexico: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



New Mexico: Stroke Death Rates
By Sex and Race, 1995



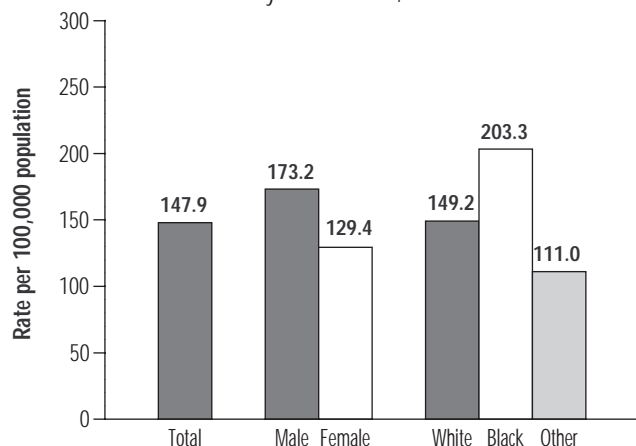
**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

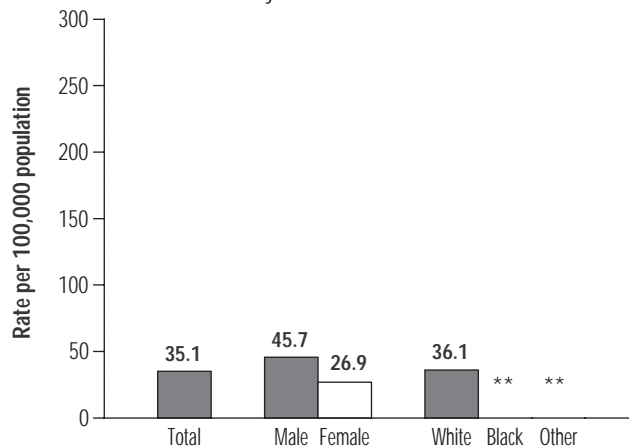
New Mexico: Cancer

- Cancer accounted for 22% of all deaths in New Mexico in 1995; 2,689 people in New Mexico died of cancer.
- In New Mexico in 1995, 622 people died of lung cancer, 277 people died of colorectal cancer, and 253 women died of breast cancer.
- The American Cancer Society estimates that 740 new cases of lung cancer, 530 new cases of colorectal cancer, and 970 new cases of breast cancer will be diagnosed in New Mexico in 1997.

New Mexico: All Cancer Death Rates
By Sex and Race, 1995

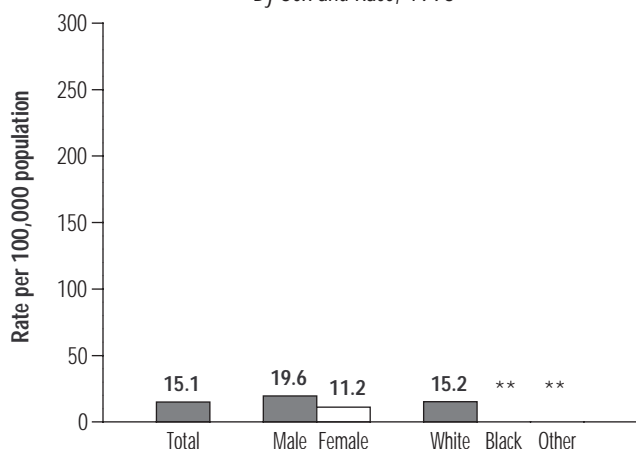


New Mexico: Lung Cancer Death Rates
By Sex and Race, 1995



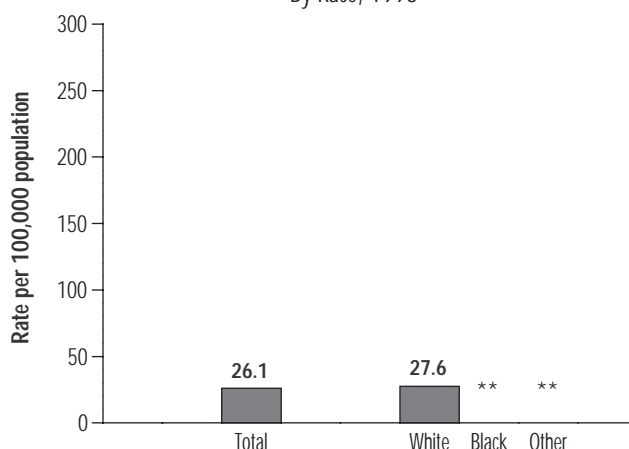
**Too few numbers to analyze.

New Mexico: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

New Mexico: Breast Cancer Death Rates Among Women
By Race, 1995

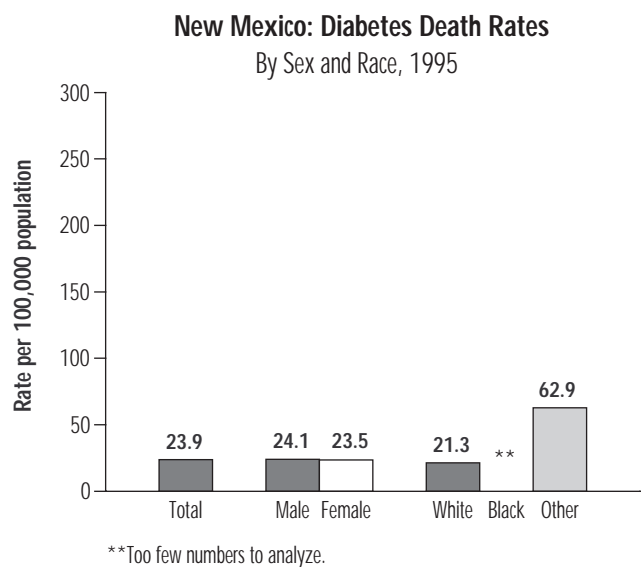


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

New Mexico: Diabetes

- In 1994, 53,122 adults in New Mexico had diagnosed diabetes.
- Diabetes was the underlying cause of 440 deaths in New Mexico in 1995.
- In 1993, diabetes was the most common contributing cause of 160 new cases of end-stage kidney disease in New Mexico.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

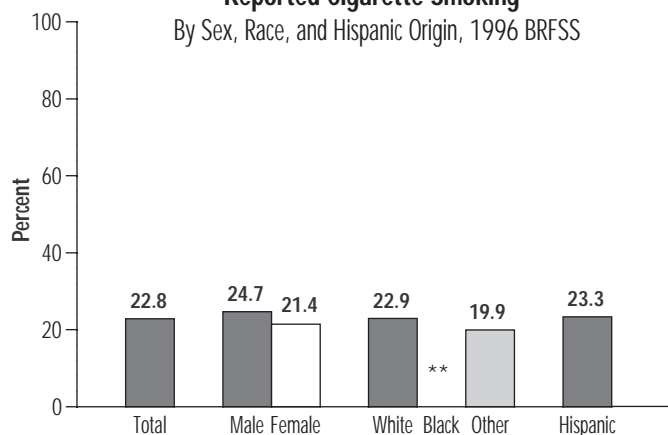


Note: All data are age adjusted, 1970 total U.S. population.

New Mexico: Risk Factors

New Mexico: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

**Too few numbers to analyze.

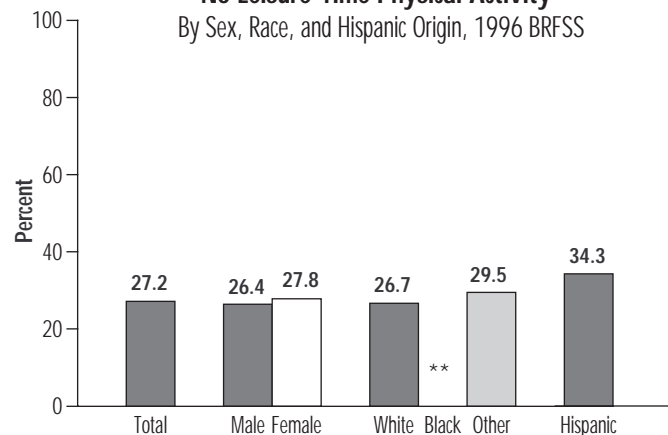
New Mexico: Percentage of High School Students Who Reported Cigarette Smoking

By Sex, 1995 YRBSS

YRBSS data not available

New Mexico: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

**Too few numbers to analyze.

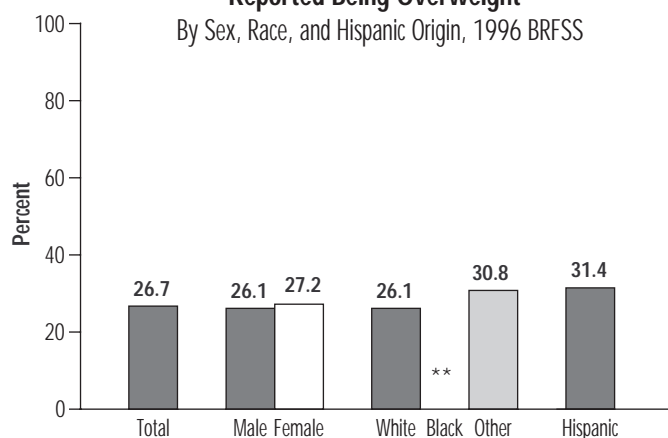
New Mexico: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

New Mexico: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

**Too few numbers to analyze.

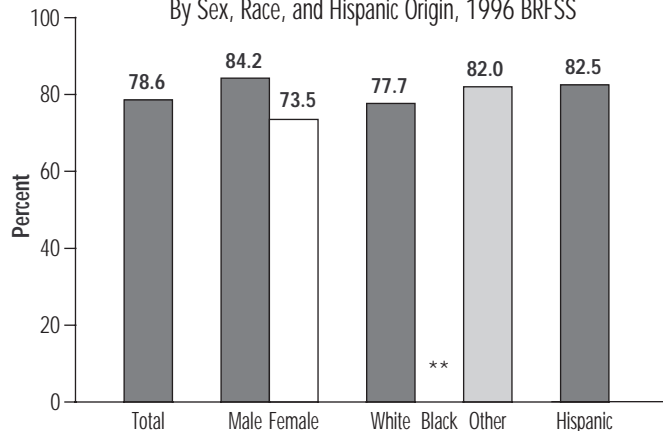
Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

New Mexico

New Mexico: Risk Factors

New Mexico: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

New Mexico: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

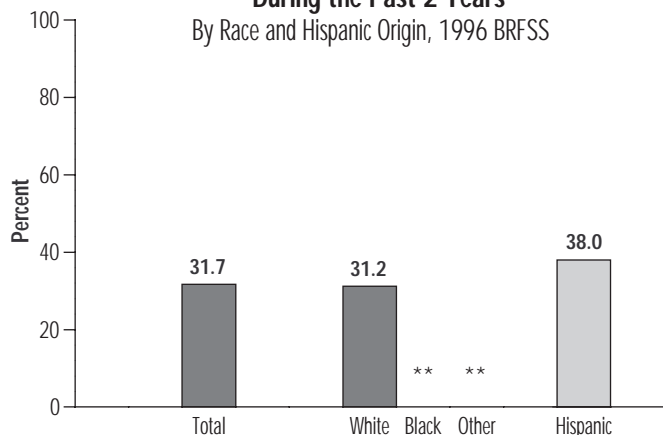
By Sex, 1995 YRBSS

YRBSS data not available

New Mexico: Preventive Services

New Mexico: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

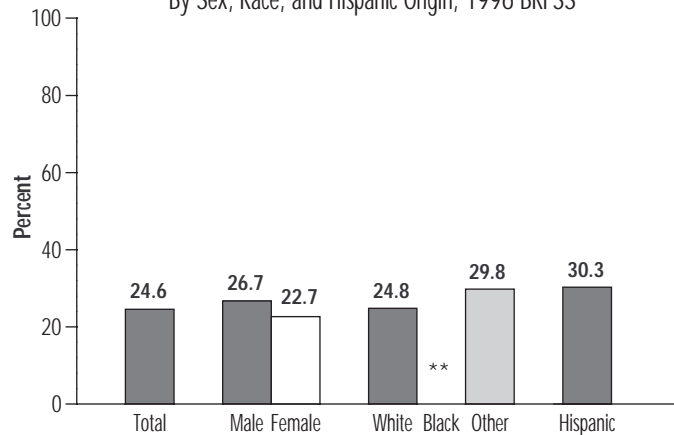
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

New Mexico: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.